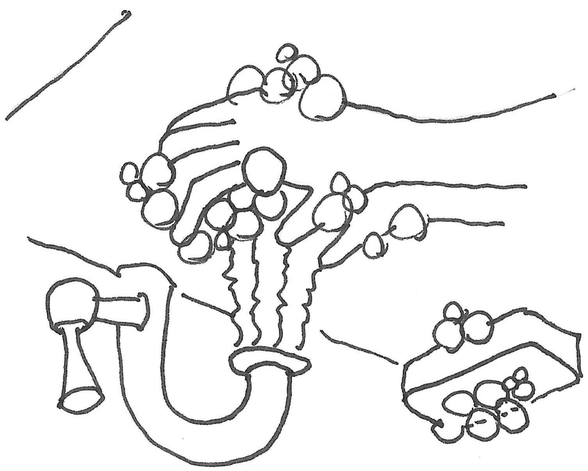
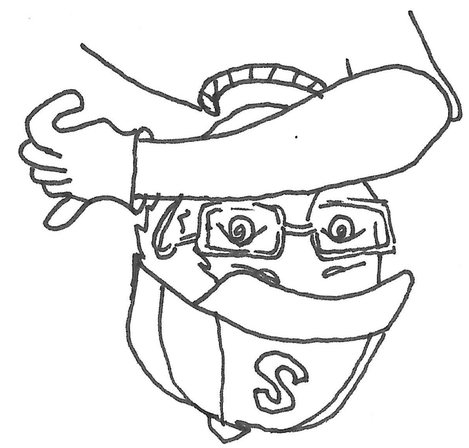
Lavarse las manos muy seguido.



Wash your hands often.

3.

Cuando toses cubre tu boca con tu brazo doblado.



Cough into your elbow.

4.

Como alimentos sanos.

Eat healthy food.

5.

Has mucho ejercicio.

Get lots of exercise.

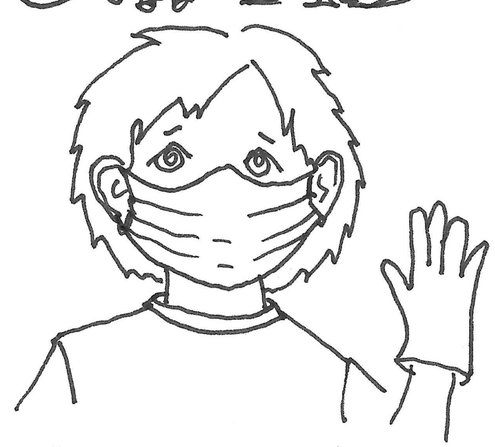
6.

Hay que comunicarse con tus amigas y familia.

Stay connected with family and friends.

7. © Sheila Farren Billings 2020

Mi Libro COVID



My Book

Sheila Farren Billings

Nos separamos una distancia de 6 pies.

Stay 6 feet apart.

1.

Usamos máscara y guantes.

Wear a mask and gloves.

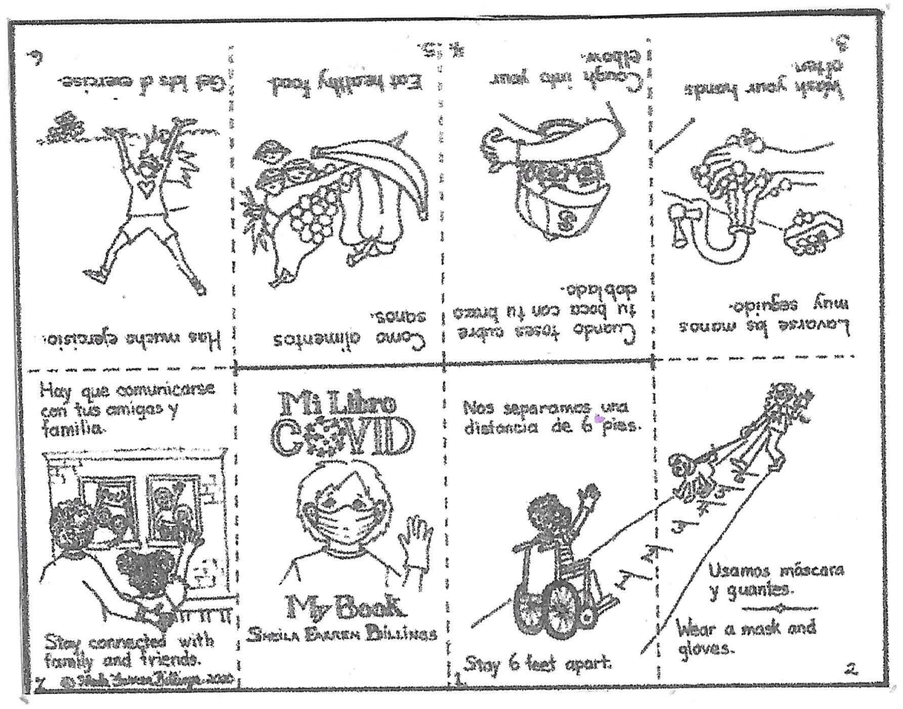
2.

"MI LIBRO COVID" 2020 BY SHEILA FARREN BILLINGS
THIS POSTER IS PART OF THE COVID-19 CALL FOR ART CREATED BY NORTH SHORE COMMUNITY DEVELOPMENT COALITION AND PUNTO URBAN ART MUSEUM.
FOR MORE INFORMATION PLEASE GO TO PUNTOURBANARTMUSEUM.ORG/RFP/PSA

HOW TO MAKE BOOK:

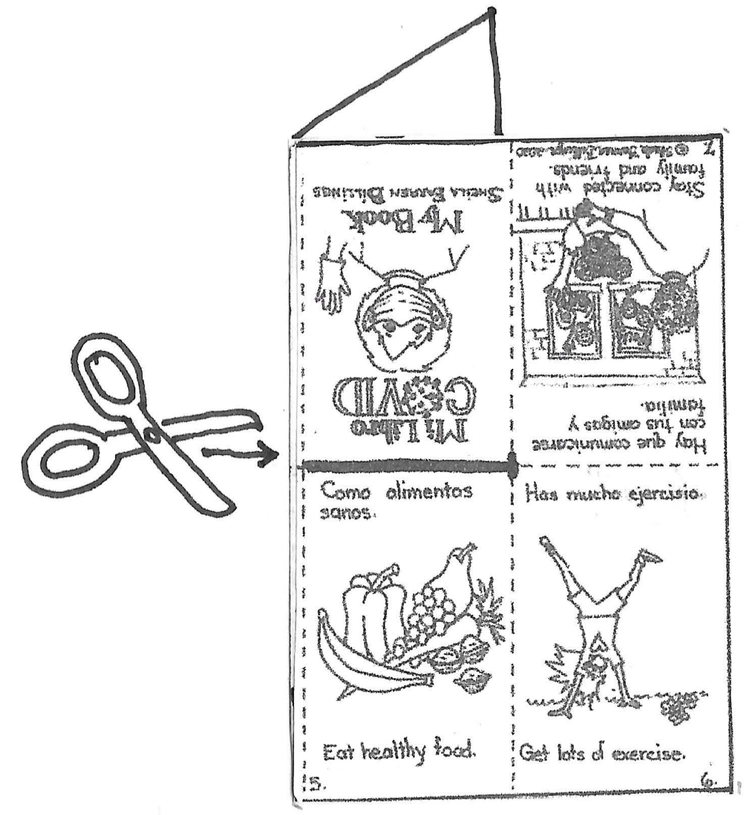
INSTRUCCIONES PARA HACER EL LIBRO:

1. FOLD ON DOTTED + SOLID LINES. CREASE SHARPLY.



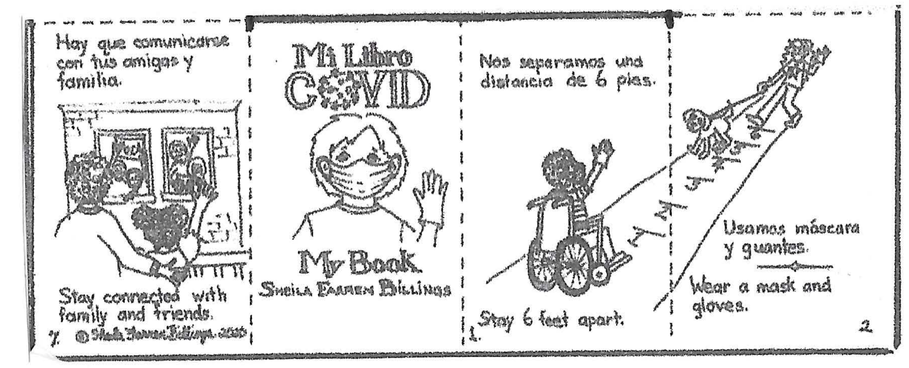
DOBLE EN LAS LINEAS DE PUNTOS Y EN LAS LINEAS SOLIDAS. HAGA UN BUEN PLIEGUE.

2. FOLD IN HALF. CUT ON SOLID LINE.



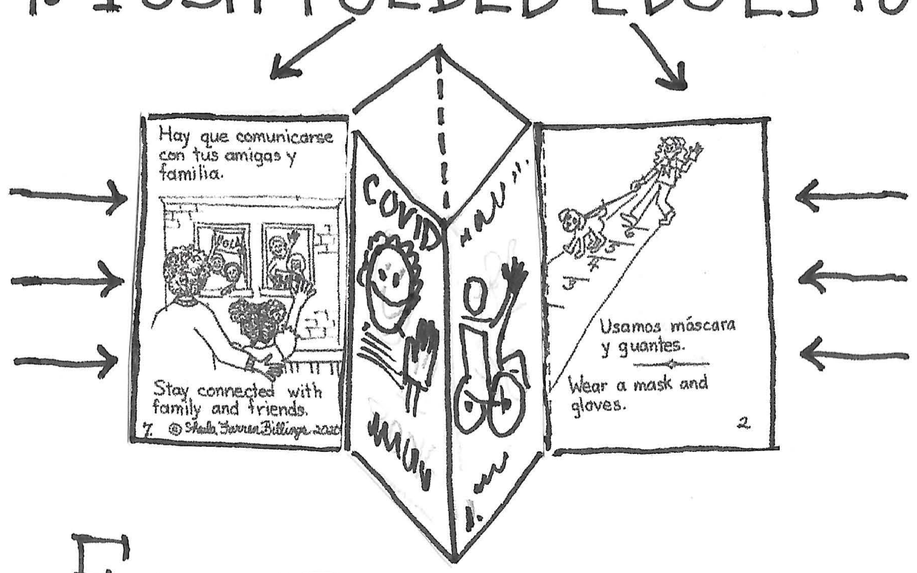
DOBLE A LA MITAD. CORTE EN LA LINEA SOLIDA.

3. OPEN, AND FOLD THIS WAY.



ABRA Y DOBLE DE ESTA MANERA.

4. PUSH FOLDED EDGES TOGETHER.....UNTIL THEY MEET IN THE MIDDLE.



EMPUJE LAS ORILLAS DOBLADAS.....

.....HASTA QUE SE JUNTEN EN EL CENTRO.

5. FLIP PAGES TO THE RIGHT. DONE!

PASE LAS PAGINAS A LA DERECHA ¡TERMINADO!

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